

Project Number: 2016-1-RO01-KA203-024630

## **Empathy**

Problem addressed: lack of empathy

Soft skill: Empathy

Method: Team-based activity/role-play

1) Preparation before class

https://www.youtube.com/watch?v=EJt0VF 5Nsw

Improve Your Empathy Skills with Empathetic Listening

- 2) Students complete an individual readiness assurance test consisting of 5 multiple choice questions.
- 3) Participants form teams of 5 persons. One plays the doctor, one is a mother that can hardly speak your language and one is a frightened child. While taking the patient history reflect the feelings of the mom and the child. Try to explain the difference between your own feelings and the feelings you empathize with. The two observers give feedback. Then change roles.